



PE POLICY (includes swimming procedure)

Member of staff responsible	Jo Rogers
Governor responsible	
Sub-Committee responsible	Performance & Standards
Date agreed with staff	4.1.16
Date discussed with pupils	-
Parent group discussions	-
Date agreed at Sub-Committee	13.1.16
Date approved at Governing Body	20.1.16
Frequency of policy review	3 yearly
Date next review due	Jan 2019
Statutory Policy	
Review Level	

Document Version Control

Issue Number	Issue Date	Summary of changes
1.1	Jan 16	New policy

Purpose of study:

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Aims:

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

Planning:

Long-term planning: Our PE scheme of work is based upon the requirements set out by the Early Years Foundation Stage and the National Curriculum for Key Stage 1 and 2, and follow a two year rolling programme. It gives a coherent and manageable teaching units for each year group and allows for curriculum continuity and progression in children's learning.

Medium-term plans: are produced by individual class teachers. These plans define the learning objectives and outcomes for each unit and suggest activities that will enable these to be achieved. The sequence of activities outlined promotes progression and is adapted to suit individual classes.

Links to other subjects:

PE lessons may offer many curriculum links and these can be identified within each class teacher's medium term planning.

Assessment for Learning:

- Assessment data is collected 3 times a year to monitor attainment and progress in the two schools. A tracking spreadsheet is available for teachers to build an on-going record.
- Teachers assess before, during and after teaching to inform planning. Lessons can then be adapted for individual or groups of children's needs.

Subject Leadership:

The coordination and planning of the PE curriculum are the responsibility of the subject leader, who also:

- supports colleagues in their teaching, by keeping informed about current developments in PE and by providing a strategic lead and direction for this subject;
- gives the head teacher & governors an annual summary report in which s/he evaluates the strengths and weaknesses in PE and indicates areas for further improvement;
- uses specially allocated regular management time to review evidence of the children's work, and to observe PE lessons across the school.

Resources:

There are sufficient resources for all PE teaching units in the school. We keep these resources in a central PE store.

Swimming policy & procedure

We aim to enable all our pupils to become competent, confident swimmers by the time they leave our schools in Year 6. We therefore ensure that our children are given the opportunity to meet the requirements of the National Curriculum for Physical Education related to swimming.

Defining a swimmer:

- ✓ Non-swimmer - those who need to have their feet on the bottom of the pool
- ✓ Beginner - those who can swim a width without putting feet down unaided
- ✓ Swimmer with some confidence - those who can swim 10 metres unaided
- ✓ Confident swimmer - those who can swim 25 metres on front and back. Can tread water for 2 minutes.

We aim to:

- ✓ Provide a safe environment for the children to learn to swim (we are constrained by location to use our local pool in Cirencester and trust through their internal regulations, that they provide a safe environment for our children)
- ✓ Develop water confidence
- ✓ Make swimming enjoyable and a challenging physical experience
- ✓ Provide children the opportunity to experience different types of strokes
- ✓ Enable all children to meet the minimum requirement of 25m by the end of KS2

Inclusion:

All children should have equal access to the swimming curriculum in line with the Equality Act specifications and our SEN/D policy. If children need additional support we will work with parents to provide a suitable outcome so that all children can participate in some way. If a

child needs to wear specialist costumes as part of their culture or religion, then as long as this does not cause a health and safety breach, we are happy to allow children to swim as normal.

Behaviour, Health & Safety:

Children must conduct themselves appropriately lining up for swimming, on the coach to and from swimming, in the changing room and at the pool side. The school behaviour management policy is used for all external trips and activities

- ✓ We will follow the pool risk assessment, but the school will carry out its own risk assessment following county guidelines for swimming

Assessment & Record Keeping:

- ✓ If parents can provide a certificate that shows that a child is a 'confident swimmer' then that child has the option not to attend school swimming sessions and alternative work will be provided in a class at school
- ✓ The pool instructors will assess the children at the beginning and end of the swimming lessons and pass the information to the PE leader so that records can be kept on the children
- ✓ Children are encouraged to show their swimming certificates and badges in celebration / reflection worship & assemblies on Fridays

Organisation / procedure for swimming

- ✓ We ask parents to make sure that children bring to school a bag with a towel and their swimming costume in with a swimming hat
- ✓ We ask parents to ensure that children attend regularly
- ✓ A teacher or 2 teaching assistants will accompany the children swimming as the lead person(s) - ratio 1 adult to 8 children for the journey to and from the pool
- ✓ Parent helpers may accompany the children as assistants
- ✓ If parent helpers are DBS checked they may enter the changing room and assist the children with their changing
- ✓ If a parent is not DBS checked, but is known to the staff then they may enter the changing room to help the children if it is necessary or under special circumstances - the lead teacher or TAs need to be present in the same room
- ✓ Parent helpers are not allowed on the poolside so that teachers, TAs and the pool staff can work with the children
- ✓ The lead teacher / TA must read this policy and see the risk assessment sheet completed by the school